

Ephesians 6:10-23

Discussion Questions

1. Proverbs 4:23 tells us this: "*Be careful what you think, because your thoughts run your life.* **Are your thoughts hurting or helping you? Are your thoughts based on Truth or what you perceive as true? Why is this important to pay attention to our thoughts?** *This is where the battlefield is! Satan and sin and the world fights for influence....only the Truth and obeying it, keeps us free.*
2. Paul tells us in 2 Corinthians 2:11 not to be ignorant of Satan's devices, or schemes.....**What is one way he tries to influence our thoughts according to 2 Timothy 1:7? Fear! More than any other command in Scripture, we are told to, "Fear not"What are some of the consequences of letting fear dictate our thoughts?** *Just to get you started....Paul prayed for fearlessness in vs 19 and 20 to give you clues.*
 - a. *Fear keeps us from totally submitting to the Lord*
 - b. *Fear keeps us from experiencing all the benefits we have in Christ*
 - c. *Fear keeps us from having the courage we need to do God's will*
 - d. *Fear keeps us from opening our mouth to witness.*
 - e. *Fear is giving the enemy of your Soul permission to keep you in the wilderness.*
3. **What does "Standing Firm" mean? Hold the ground Jesus won for you! How does your armor allow you to do that?** *If you know the Belt of Truth, you can discern and take any thought captive that is opposed to it... If you know you are righteous, take any thought captive that tells you otherwise; if you know you are saved, take any doubting thought captive; if you feel disgruntled or worried, put your shoes of peace on and trust God's promises...Your shield of faith in who God is and who you are, will do a lot to deflect fear, and anxiety and confusion. Your spear of prayer...we are relying on the power of God in everything, pray, pray pray about everything....And tune your ear to the Holy Spirit who will remind you of all these things as you need to be.*
4. **What is a stronghold?** *It is a mindset that we get stuck in by believing lie after lie...*
5. **What are you going to do with all the information given?** *Possibly, consciencely put on the armor every morning! Spend time in the Word! Pray, keep your eyes on things above.....*

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