

Spiritual Blessings at the Time of Salvation:

³ *Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ. Ephesians 1:3*

The following is a list of 54 blessings that are true about you as a Christian.....It is as if you were sitting in prison and the gift of a wide open door was given to you, it is always a true fact that the door is open, but you have to make the decision to walk out.....these blessings are absolute, but you have to see them as yours to enjoy the benefits.

1. **Abundance:** We are blessed, “*exceedingly, abundantly beyond all that we ask or think*”. Eph 3:20...*No matter what happens in this life, we always have something to be thankful for.*
2. **Acceptance:** *The Father accepts us as His own through Jesus. Eph 1:6...You are accepted, the good, and with all the bad, you are accepted!*
3. **Access:** *We have the right-permission to go before God’s Throne. Eph 2:18 & 3:12...Not everyone has this right!*
4. **Adopted:** *He made us His children. Eph 1:5. There is no greater love than a parent towards a child.*
5. **Blamelessness:** *We are above reproach – not guilty in His sight; righteous. Eph 1:4...This is a grace, lavished on us....blameless only in Jesus.*
6. **Blessings:** *Recipients of God’s blessings Eph 1:3...all good things come from His hand.*
7. **Body of Christ:** *We are Christ’s body – He is the Head, we are His body, that means, He is our authority. Eph 1:23 & 2:15....we simply submit*
8. **Boldness:** *We are fearless and have courage to approach God because of our faith in Christ not ourselves.. Eph 3:12...*
9. **Chosen:** *He picked us out for Himself to be His own. Eph 1:4...Before creation, you were singled out to be His and is not dependent on you or your behavior..*
10. **Citizenship of Heaven:** *We belong to the household of God. Eph 2:19...Heaven is our home along with all the saints. Christ is preparing a place for us now...*
11. **Confidence:** *We have the courage we need to approach any situation knowing God is for us and we are His. Eph 3:12..*
12. **Deliverance:** *Set free from God’s judgement/wrath. Eph 2:5, 8...There is no threat of feeling God’s eternal wrath, we have been delivered.*
13. **Enlightenment:** *The understanding and appreciation of our hope and inheritance. Eph 1:18...Our eyes are no longer blinded and our hearts no longer darkened. We now have understanding through the work of the Holy Spirit.*
14. **Eternal Glorifying:** *We become eternal praise for His endless and limitless grace and mercy Eph 2:7 & 3:11....more and more God reveals His glory to us and more and more we’ll want to praise Him for it.*

15. **Faith:** *Reliance upon the merits of Christ. Eph 1:15..it is complete trust in all He did on our behalf and He gives each of us a measure of it.*
16. **Favor:** *He shows graciousness and gives generous approval Eph 2:7*
17. **Filled with Christ:** *We are complete in Christ. Eph 1:23 & 3:19..We have the fullness of the Trinity living in us!! Amazing!...*
18. **Forgiveness:** *We have pardon for our sins, shortcomings and trespasses Eph 1:7*
19. **Freedom:** *From Sin, from the Past, Present and Future failures. Freedom from the Law, allowing us to Rest in Him. Eph 2:2, 3, 8, 9, 14, 15*
20. **Glory of His Inheritance:** *He receives an inheritance in us. Eph 1:6, 18...God sees us as His inheritance. Incredible!....*
21. **Grace:** *Showed us unmerited favor and mercy: Eph 1:6 & 2:7,8*
22. **Heritage:** *Our portion as children of God. Eph 1:11*
23. **Holy:** *We are consecrated and set apart for Him thus His Saints. Eph 1:4*
24. **Hope:** *His calling to godliness or to Heaven, took us from no hope to hope. Eph 1:18 & 2:12-13*
25. **Inheritance:** *We have all that Jesus has and we are Co-Heirs with Christ. Eph 1:11,13,14,18*
26. **Intimacy with God:** *We are God's own children through Jesus Christ. Eph 1:5*
27. **Knowledge of His Will:** *He reveals His plan and purpose for our lives. Eph 1:9*
28. **Love:** *We love the saints, Christian brotherhood; God loved us...His love for us: Eph 1:4, 15 & 2:4 & 3:17,19*
29. **Mercy:** *Experience God's loving-kindness without measure. Eph 2:4 & 3:19*
30. **New Life:** *We were made alive in Christ, dead to sin and recreated for good works. Eph 2:1,5,10.*
31. **Obedience:** *We are now children with hearts of obedience to His will and way. Eph 2:2*
32. **Peace:** *Christ is our peace and harmony with God and His family. Eph 2:14,15,17*
33. **Power:** *We have Christ's power and strength in us. Eph 1:19 & 3:20*
34. **Praise Givers:** *We bring praise to Him. Eph 1:6, 12, 14*
35. **Predestined:** *He destined us...planned in love for us. Eph 1:5 & 2:10*
36. **Purpose:** *He has a purpose for us...a plan for us. Eph 1:9 & 2:10 & 3:11*
37. **Raised up:** *Not only resurrected in Jesus, but exalted in and with Him. Eph 2:6*
38. **Reconciled:** *Brought us near to God, made us Heirs & reconciled us with believing Israel. Eph 2:13,16,18*
39. **Redemption:** *Christ redeemed us, bought us back, purchased us, paid for our sins. Eph 1:7 & 14*
40. **Rest:** *God did the work of salvation so we could find rest in Him. Ephesians 2:8*
41. **Revelation:** *Insight of truth. Eph 2:8*
42. **Riches:** *He lavished all the riches of His grace upon us...the rich treasury of His glory. Ephesians 1:7,8 & 3:16*
43. **Salvation:** *We are saved from the power and penalty of sin. Ephesians 2:5,8*

44. **Sanctified.** *We are set apart and receive a purpose in life; serving Him by good works'. Ephesians 1:4 & 2:10*
45. **Sealed:** *His Spirit indwells us, a guarantee of our inheritance. He's our security deposit. Eph 1:13-14*
46. **Seated:** *God raised us up with Christ to sit with Him. Ephesians 2:6*
47. **Strength:** *Strengthened and reinforced with mighty power in the inner man. Eph 3:16..The Holy Spirit strengthens our inner man so we take every opportunity we can to increase our inner man through obedience and yielding to the Holy Spirit and reading God's Word.*
48. **Success:** *We have been given everything we need to succeed spiritually. Eph 1:3 & 2:10 & 3:20...our standard for success, Jesus Christ! God is making us more Christ -like.*
49. **Temple of God:** *Together we are being "grown" into His holy temple. Eph 2:21,22*
50. **Understanding:** *We have practical insight...prudence and discernment. Eph 1:8*
51. **United with Christ:** *Once separated, but now one with Him in union and intimacy. Eph 2:11,13*
52. **Unity:** *All things come together in heaven and earth. Eph. 1:10 & 2:14*
53. **Wisdom:** *We have the Mind of Christ, we can know truth. Eph 1:8,17 & 3:10*
54. **Workmanship:** *We are His Workmanship....God's Handiwork...His Poem. Eph 2:10*

"54 Spiritual Blessings in Christ" by Leona Atkinson