

SPIRITUAL FORMATION | PRAYER + MEDITATION | FASTING | SIMPLICITY | WORD | CONFESSION | SOLITUDE + SILENCE | **WORSHIP + CELEBRATION** | SABBATH | SERVICE

RHYTHMS



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- 1 SPIRITUAL FORMATION
- 2 PRAYER + MEDITATION
- 3 FASTING
- 4 SIMPLICITY
- 5 WORD
- 6 CONFESSION
- 7 SOLITUDE + SILENCE
- 8 WORSHIP + CELEBRATION**
- 9 SABBATH
- 10 SERVICE

A photograph of a church service. In the foreground, the backs of several people are visible as they worship with their hands raised. They are wearing light-colored shirts. In the background, a band is performing on a stage, illuminated by blue and purple stage lights. A large, bright, vertical light source is visible on the left side of the background. The overall atmosphere is one of a contemporary church service.

WORSHIP + CELEBRATION




**Worship is an appropriate response
to God revealing himself.**





**It's worship,
or it's idolatry.**





**When we see God,
we worship.**





**“...we have not worshiped the Lord
until Spirit touches spirit.”**

- Richard Foster, *Celebration of Discipline*



Colossians 3:15-17 NIV

Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful. ¹⁶ Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts. ¹⁷ And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.



Sacred Pathways:

Nine Ways to Connect with God

— GARY THOMAS

1. **naturalists:** loving God outdoors
2. **sensates:** loving God with the senses
3. **traditionalists:** loving God through ritual and symbol
4. **ascetics:** loving God in solitude and simplicity
5. **activists:** loving God through confrontation
6. **caregivers:** loving God by loving others
7. **enthusiasts:** loving God with mystery and celebration
8. **contemplatives:** loving God through adoration
9. **intellectuals:** loving God with the mind



Communion

come forward, receive, and hold the elements

**elements are gluten free*

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LEADER: *Go in peace to love and serve the Lord.*

PEOPLE: ***Thanks be to God.***





Looking for prayer?

**The Prayer Team is
available to pray with you**

fellowshipmosaic.org/pray

Looking for connection?

**Visit the Info Booth
in the foyer for next steps**

fellowshipmosaic.org/imnew

